

TRACEN Petaluma Haley Hall Dining Facility

10AUG26 - 16AUG26

3	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS SAUSAGE LINKS SAUSAGE PATTIES BREAKFAST LATKES WAFFLES W/ BUTTER & SYRUP SPINACH QUICHE	VARIES 110 VARIES VARIES VARIES 78 140 180 210 151 / 120 320	LOADED POTATO SOUP SAUTEED PORK MEDALLIONS W/ APPLE CHUTNEY GRILLED CHICKEN THIGHS WILD MUSHROOM QUINOA AU GRATIN POTATOES SAUTEED GREEN BEANS ROASTED ROMANESCO <u>PLATED ALTERNATIVE</u> GRILLED TURKEY BURGERS (VEGETARIAN ALTERNATIVE)	295 210 400 220 120 235 68 292 VARIES	POLLO AL LIMONE PARMESAN FINGERLING POTATOES TORTELLINI W/ PESTO SAUCE CAPONATA BROCCOLI RABE FRENCH BREAD	300 190 145 60 80 112
T U E S D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS CRISPY BACON GRILLED HAM STEAKS HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIES 158 VARIES VARIES VARIES 78 192 180 151 195/120 210	POZOLE BEEF BIRRIA CHICKEN TACOS FRIJOLES CHARROS SOUTHWESTERN RICE CHILI LIME CORN ROASTED PEPPERS AND ONIONS SALSA BAR W/ CHIPS <u>PLATED ALTERNATIVE</u> CEVICHE W/ TORTILLA CHIPS	380 525 202 210 350 62 150 VARIES 300	HONEY BAKED HAM GARLIC MASHED POTATOES BROWN GRAVY CREAMY MAC & CHEESE STEAMED GREEN PEAS ROASTED ASPARAGUS DINNER ROLLS	350 250 75 325 63 98 180
W E D N E S D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS GRILLED SPAM / LINGUISA SAUSAGE HOME FRIES JASMINE RICE BLUEBERRY PANCAKE BUTTER & SYRUP	VARIES 142 VARIES VARIES VARIES 78 180 210 105 190 120	ITALIAN WEDDING SOUP MAPLE MUSTARD CHICKEN PANKO CRUSTED HALIBUT BAKED POTATO BAR CREAMY POLENTA ROASTED PARMESAN CAULIFLOWER SAUTEED GREEN BEANS BREADSTICKS <u>PLATED ALTERNATIVE</u> WHEATBERRY CHILI W/ BRATWURST	185 493 190 165 298 155 35 87 500	BEEF STROGANOFF RICE PILAF NOODLES JEFFERSON STEAMED BROCCOLI BABY CARROTS W/ DILL BUTTER HOT DINNER ROLLS	300 276 241 188 80 120
T H U R S D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS CRISPY BACON SAUSAGE LINKS GOLDEN HASH BROWN PATTIES PANCAKES W/ BUTTER & SYRUP BREAKFAST SANDWICHES	VARIES 110 VARIES VARIES VARIES 87 195 251 210 / 120 210/120 320	MISO SOUP PORK TONKATSU JAPANESE YAKITORI CHICKEN GARLIC FRIED RICE YAKISOBA (STIR FRY NOODLES) HIBACHI ZUCCHINI SAUTEED NAPA CABBAGE <u>PLATED ALTERNATIVE</u> TEMPURA SHRIMP W/ JAPANESE VEGETABLE CURRY (VEGETARIAN ALTERNATIVE)	280 367 300 165 170 80 47 450 VARIES	CAJUN CHICKEN VEGETERIAN SPICY RED BEANS WHITE RICE SIMMERED COLLARD GREENS CAJUN MUSHROOMS CHEDDAR DROP BISCUITS	395 160 180 160 90 80
F R I D A Y	FRESH FRUIT OATMEAL ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS SAUSAGE LINKS SAUSAGE PATTIES POTATOES O'BRIEN FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS	VARIES 158 VARIES VARIES VARIES 180 151 210 195 / 120 195/120 320	SEAFOOD CHOWDER CATCH OF THE DAY NEW YORK STRIP STEAKS ROASTED FINGERLING POTATOES RISOTTO W/ SUN DRIED TOMATOES ROASTED ROMANESCO BROCCOLINI W/ LEMON CRUMBS POPCORN SHRIMP & FISH BITES	410 VARIES 704 440 201 100 70 VARIES	HONEY GARLIC PORK CHOPS SCALLOPED POTATOES GARLIC & HERB PASTA ROASTED TOSCANA VEGETABLES MALIBU BLEND VEGGIES HAWAIIAN ROLLS	236 180 160 78 80 87
S A T U R D A Y	FRESH FRUIT HOT GRITS ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS PORK SAUSAGE LINKS HASH BROWNS PANCAKES W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIES 142 VARIES VARIES VARIES 78 92/180 151 151/120 210	EGGS & OMELETS TO ORDER BACON / MAPLE PORK SAUSAGE LINKS PANCAKES W/ BUTTER & SYRUP HOT DOGS & CORN DOGS FRENCH FRIES CHILI AND CHEESE SAUCE STEAMED BROCCOLI TOPPINGS BAR	VARIES 579 151 / 120 VARIES 275 110 90 VARIES	TANDOORI CHICKEN BASMATI RICE VEGETABLE PAKORA GRILLED GRAFFITI EGGPLANT GARLIC NAAN	300 190 145 60 105
S U N D A Y	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS SCRAMBLED EGGS EGGS TO ORDER BOILED EGGS PORK SAUSAGE LINKS TURKEY SAUSAGE LINKS HOME FRIES FRENCH TOAST STICKS W/ BUTTER & SYRUP	VARIES 110 VARIES VARIES VARIES 78 135 145 151 210/120	EGGS & OMELETS TO ORDER TURKEY / PORK SAUSAGE LINKS FRENCH TOAST STICKS W/ BUTTER & SYRUP GRILLED CHICKEN STREET TACOS CHARRO BEANS CHILI LIME CORN WITH COTIJA CHEESE TOPPINGS BAR	VARIES 320/180 210 / 120 210 150 177 VARIES	GARLIC CRUSTED SIRLOIN ROAST RED WINE AU JUS LONG GRAIN WILD RICE ROASTED SWEET POTATO WEDGES MIXED VEGETABLES MALIBU BLEND VEGETABLES FRENCH BREAD	350 75 180 63 98 87 112

Week 3

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:	Reviewed By:	Approved By:
CSC C. D. Rivera Dining Facility Supervisor	CSC P. J. Stockbridge Food Service Officer	Captain J. D. Burch Commanding Officer